

Tewkesbury Academy

MENUS 2024



WEEK ONE MENU

	MON	TUES	WED	THURS	FRI
Breakfast	Breakfast Wrap Belgium Waffles Toastie of The Day Toast	Pancakes & Syrup Bacon & Cheese Muffin Bagel Toast	Sausage Roll Pretzel Toastie of The Day Toast	Pancakes & Syrup Bacon & Cheese Muffin Bagel Toast	Breakfast Wrap Belgium Waffles Toastie of The Day Toast
Pasta	Tomato & Basil Pasta	Cheesy Pasta	Tomato & Basil Pasta	Cheesy Pasta	Tomato & Basil Pasta
Grab & GO Break Time	-Ham & Cheese Toastie -BBQ Chicken Panini -Margherita Pizza Slice -Crumpet With Butter	-BBQ Chicken Toastie -Ham & Cheese Panini -Pepperoni Pizza Slice -Pancake & Syrup	-Ham & Cheese Toastie -Meatball Panini -Margherita Pizza Slice -Belgium Waffle	-BBQ Chicken Toastie -Cheese & Ham Panini -Cheese & Tomato Pizza Swirl -Pancake & Syrup	-Ham & Cheese Toastie -BBQ Chicken Panini -Margherita Pizza Slice -Belgium Waffle
Main Meal	Lebanese Chicken Flatbread	Chilli Con Carne & Rice	Roast Pork with Apple Sauce , Roast Potatoes, Vegetables & Gravy	THEME DAY	Fish & Chips
Vegetarian Main	Lebanese Falafel Flatbread	Chilli Con Carne & Rice	Quorn Escalope, Roast Potatoes, Vegetables & Gravy	THEME DAY	Quorn Sausage & Chips
Potatoes	Jacket Potatoes & Toppings- Beans Cheese	Jacket Potatoes & Toppings- Beans Cheese	Jacket Potatoes & Toppings- Beans Cheese	Jacket Potatoes & Toppings- Beans Cheese	Jacket Potatoes & Toppings- Beans Cheese
Grab & GO Lunch	-Steak Slice -Cheese & Onion Slice Pancake & Syrup	-Burgers -Garlic Bread -Waffles	-Hot Wraps -Roast Bap -Hash Browns	-Nachos -BBQ Melts -Pancake & Syrup	-Chips -Belgium Waffle -Corn

WEEK TWO MENU

	MON	TUES	WED	THURS	FRI
Breakfast	Breakfast Wrap Belgium Waffles Toastie of The Day Toast	Pancakes & Syrup Bacon & Cheese Muffin Bagel Toast	Sausage Roll Pretzel Toastie of The Day Toast	Pancakes & Syrup Bacon & Cheese Muffin Bagel Toast	Breakfast Wrap Belgium Waffles Toastie of The Day Toast
Pasta	Tomato & Basil Pasta	Cheesy Pasta	Tomato & Basil Pasta	Cheesy Pasta	Tomato & Basil Pasta
Grab & GO Break Time	-Ham & Cheese Toastie -BBQ Chicken Panini -Margherita Pizza Slice -Crumpet With Butter	-BBQ Chicken Toastie -Ham & Cheese Panini -Pepperoni Pizza Slice -Pancake & Syrup	-Ham & Cheese Toastie -Meatball Panini -Margherita Pizza Slice -Belgium Waffle	-BBQ Chicken Toastie -Cheese & Ham Panini -Cheese & Tomato Pizza Swirl -Pancake & Syrup	-Ham & Cheese Toastie -BBQ Chicken Panini -Margherita Pizza Slice -Belgium Waffle
Main Meal	Cheeseburger & Wedges	Chicken Curry, Rice & Naan (Will Change Through Term, To Inc – Korma – Balti –Madras)	Bangers & Mash With Seasonal Veg & Gravy	THEME DAY	Fish & Chips
Vegetarian Main	Spiced Chickpea Burger & Wedges	Vegetable Curry, Rice & Naan (Will Change Through Term, To Inc – Korma – Balti –Madras)	Vegetarian Bangers & Mash With Seasonal Veg & Gravy	THEME DAY	Vegetable Nuggets & Chips
Potatoes	Jacket Potatoes & Toppings- Beans Cheese	Jacket Potatoes & Toppings- Beans Cheese	Jacket Potatoes & Toppings- Beans Cheese	Jacket Potatoes & Toppings- Beans Cheese	Jacket Potatoes & Toppings- Beans Cheese
Grab & GO Lunch	-Margherita Pizza Slice -Pepperoni Pizza Slice -Garlic Bread	-Popcorn Chicken Bites -Pancake & Syrup -Pizza Panini	-Hot Wraps -Roast Bap -Belgium Waffle	-Garlic Bread -Chicken Burger -Hash Browns	-Chips -Belgium Waffle -Corn

WEEK THREE MENU

	MON	TUES	WED	THURS	FRI
Breakfast	Breakfast Wrap Belgium Waffles Toastie of The Day Toast	Pancakes & Syrup Bacon & Cheese Muffin Bagel Toast	Sausage Roll Pretzel Toastie of The Day Toast	Pancakes & Syrup Bacon & Cheese Muffin Bagel Toast	Breakfast Wrap Belgium Waffles Toastie of The Day Toast
Pasta	Tomato & Basil Pasta	Cheesy Pasta	Tomato & Basil Pasta	Cheesy Pasta	Tomato & Basil Pasta
Grab & GO Break Time	-Ham & Cheese Toastie -BBQ Chicken Panini -Margherita Pizza Slice -Crumpet With Butter	-BBQ Chicken Toastie -Ham & Cheese Panini -Pepperoni Pizza Slice -Pancake & Syrup	-Ham & Cheese Toastie -Meatball Panini -Margherita Pizza Slice -Belgium Waffle	-BBQ Chicken Toastie -Cheese & Ham Panini -Cheese & Tomato Pizza Swirl -Pancake & Syrup	-Ham & Cheese Toastie -BBQ Chicken Panini -Margherita Pizza Slice -Belgium Waffle
Main Meal	Wrap & Roll – Sri Lankan Chicken Wrap, Potatoes & Coleslaw	Spaghetti Bolognaise	Roast Chicken with Stuffing, Roast Potatoes, Vegetables & Gravy	THEME DAY	Fish & Chips
Vegetarian Main	Wrap & Roll – Sri Lankan Potato, Spinach & Chickpea Wrap, Potatoes & Coleslaw	Lentil & Vegan Mince Ragu With Spaghetti	Roast Vegetable Parcel, Roast Potatoes, Stuffing, Vegetables & Gravy	THEME DAY	Vegan Fishless Fingers & Chips
Potatoes	Jacket Potatoes & Toppings- Beans Cheese	Jacket Potatoes & Toppings- Beans Cheese	Jacket Potatoes & Toppings- Beans Cheese	Jacket Potatoes & Toppings- Beans Cheese	Jacket Potatoes & Toppings- Beans Cheese
Grab & GO Lunch	-Steak Slice -Cheese & Onion Slice Pancake & Syrup	-Burgers -Garlic Bread -Waffles	-Hot Wraps -Roast Bap -Hash Browns	-Nachos -BBQ Melts -Pancake & Syrup	-Chips -Belgium Waffle -Corn